Summer Vacation Homework 2025 - Physical Education (Class 8)

1. What is management and sports management?

2. Explain planning and its parts?

3. Define staffing, organising, controlling.

4. Define:

* - Knock-out fixture
* - League fixture
* - Bye
* - Seeding

5. Make a knock-out fixture of 18 teams and a knock-out fixture of 21 teams.

6. Make a league fixture of 7 teams following:

* - Tabular Method
* - Stair Method
* - Cyclic Method

7. Explain intramural tournaments and extramural tournaments.

8. Define posture and postural deformities.

9. Explain these postural deformities:

* a) Kyphosis
* b) Lordosis
* c) Scoliosis
* d) Knock Knee
* e) Bow Legs

All homework should be completed in fair register.
Copy in neat and clean writing with lengthy answers.